

## **ADHD Adult COUNSELLING SERVICES**

Do you have problems with any of the  
following:

Organization? Planning?

Time management?

Keeping relationships?

Keeping a job?

Parenting problems?

Missing important details?

Problems as a child in school  
with attention, hyperactivity,  
concentration, learning?

*We can help!! We offer  
guidance, assistance and  
acceptance.*

Lorelei Faulkner, RN, BSN, CPHMN©  
Lorelei is a nurse therapist who has worked  
for the past 19 years with children, youth and  
families with ADHD and other related mental  
health needs. Lorelei also has an Instructor's  
Diploma from VCC and is currently working  
on a Master's degree.

Pauline Mullaney, MSW, RMFT, RCC  
Pauline is a therapist in private practice who  
has worked for the past 20 years in both  
inpatient and outpatient mental health cen-  
tres. She has worked specifically in the  
ADHD field for the last 11 years. Pauline is  
an active Satir therapist.

L. Enrique Monje-Alvarez, MSW, RSW  
Enrique is a therapist in private practice  
who has worked with children, youth and  
families in a community mental health set-  
ting for the past 22 years. Enrique is an ac-  
tive Satir therapist.

## **ADHD Adult COUNSELLING SERVICES©**

Lorelei Faulkner, RN, BSN, CPMHN(C)  
Pauline Mullaney, MSW, RSW, RMFT RCC  
L. Enrique Monje-Alvarez, MSW, RSW  
Suite 1700 - 805 West Broadway  
Vancouver, B.C.

## **ADHD Adult COUNSELLING SERVICES©**

# **Treatment Services for Adults with ADHD**

[Attention Deficit Hyperactivity  
Disorder—All types]

**Individual therapy, coaching  
and group services.**

**Separate Groups for Partners  
and Family Members**



**CONTACT:**  
(604) 762-4083  
(604) 551-7847  
(604) 910 0100

### **Individual Therapy**

**By expert therapists in the field of ADHD.**

We offer expert individual counselling, including support/education groups for adults with a medical diagnosis of Attention Deficit Hyperactivity Disorder (all types). Participants are invited to gain knowledge, understanding and acceptance of how ADHD affects them.

### **Spouses and Partners**

**Does your partner or spouse have ADHD?**

We offer education and support groups for partners and spouses of adults with ADHD. Meet others and learn how to communicate more effectively with your loved one.

### **Groups for Adults with ADHD**

Topics covered:

- ⇒ What is ADHD?
- ⇒ Relationships & Friends
- ⇒ Being Intimate
- ⇒ Work & School
- ⇒ Parenting & Family
- ⇒ Emotional Self-Care
- ⇒ Treatment options

### **Guiding Principles**

- ♦ **Confidentiality**
- ♦ **Respect for time**
- ♦ **Respect for other's opinions within the group**
- ♦ **Willingness to participate in the group**
- ♦ **Willingness to try suggestions**
- ♦ **Warm and accepting environment**

### **ADHD Adult COUNSELLING SERVICES©**

Time	Fee
Tuesday evenings from 6:30-8:00 pm	\$420.00 for 8 sessions

Fees to be paid in advance of attendance. Please contact facilitators for start times of future groups. Group start dates will be dependant upon the number of registrants.

Non refundable deposit of \$100.00 to be paid at interview session.

*\$25.00 charge for NSF cheques and letters to insurance providers.*

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Name  
Address

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Phone  
Email

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